

ECONOMY AREA
LOCAL ECONOMY
AND ALTERNATIVE SYSTEM

This module focuses on the importance of local economy for sustainable development and suggests several strategies of alternative food systems in terms of production, distribution and purchasing.



VET4FOOD

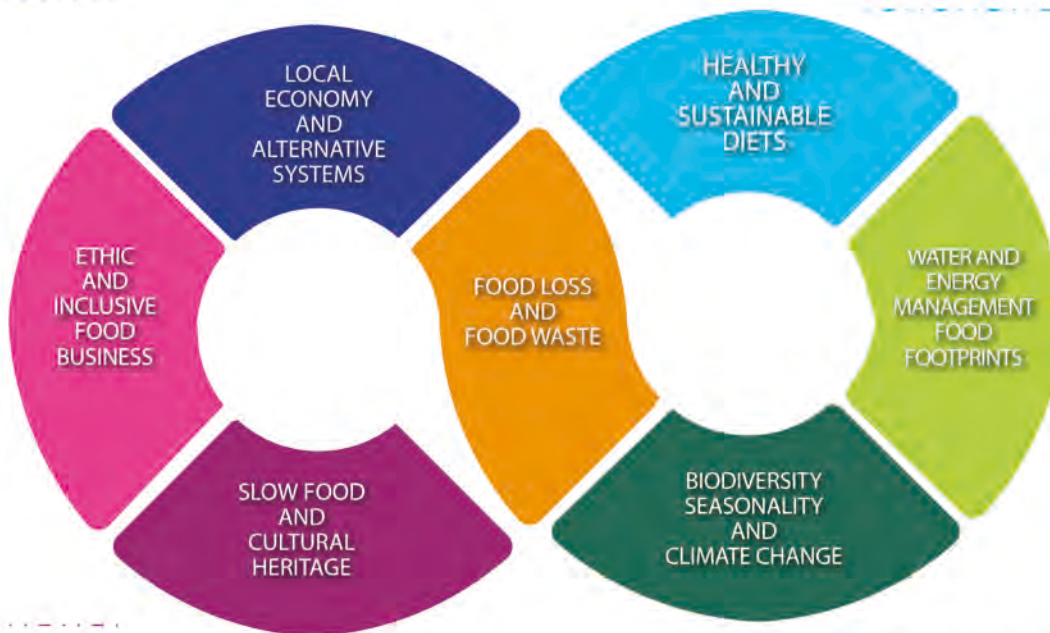
VET Training for Food Sustainability

NUTRITION AREA
HEALTHY AND SUSTAINABLE DIETS

In this unit we explore the concept of sustainable diets and the implication of our food behaviors. In other words, you'll learn how to recognize factors, habits and food choices influencing our health, our planet and our community, as well as to recognize well balanced diets according to nutritional needs.

SOCIAL AREA
ETHIC AND INCLUSIVE FOOD BUSINESS

In this learning unit we explore the topic of ethic and inclusive food business, focusing on a selection of fair-trade principles and diversity inclusion equity jobs practices. Finally, we list and explain the 6 principles of the Solidarity Economy Charter.



ECOLOGY AREA
WATER ENERGY
MANAGEMENT FOOD FOOTPRINTS

This learning unit focuses on our food systems and emerging global environmental risks. In particular, the module highlights the different environmental impacts of food, water and energy. Finally, hints and tips for improving resource efficiency in terms of water and energy management are given.

SOCIAL AREA
SLOW FOOD AND CULTURAL HERITAGE

The uniqueness, variety and creativity of food traditions and cultures, as well as the complex interplay of societal and environmental factors can be fully understood in this Moodle Unit from an anthropological perspective.

ECOLOGY AREA
FOOD LOSS AND FOOD WASTE

In this module we focus on the topics of food loss and food waste, highlighting how these two issues are strictly linked to bad-managed logistics in the food-supply chain. Moreover, this unit deals with strategies and best practices that could be developed in order to reduce food waste and losses.

ECOLOGY AREA
BIODIVERSITY, SEASONALITY
AND CLIMATE CHANGE

This module focuses the attention on the importance of biodiversity, seasonality and climate changes in reference to food. Moreover, it highlights how food production impacts on climate changes and how an organic food consumption can help environment.