



VET4FOOD

VET Training for Food Sustainability

www.trainingforfood.eu

Food sustainability is crucial for the well-being of the planet as it refers to the ability of food system to produce, distribute and consume food in a way that ensure the long-term availability of food while protecting the environment , promoting social equity and ensuring economic viability. The European Union has made significant strides in promoting food sustainability through various policies and initiatives in different sectors such as social health , economy, environment and education.

The European Project VET4FOOD has been implemented to give teachers and students of VET (Vocational Education and Training) schools the opportunity to promote and improve the efficiency of the theme of food sustainability that is certainly one of the most pressing in this historical period.

'Green skills' has sometimes been dealt with in a general way in schools; the urgency of the topic and its implication in different areas has prompted to organize the course by deepening the various scopes related to food sustainability. The project has four country partners : **Spain** (project leader), **Belgium, Italy and Portugal**.

To incorporate **the food sustainability in the VET school curricula**, VET4FOOD project has analyzed four main areas: Nutritional, Ecological, Economic, Social. These areas have been developed in 7 learning units. The challenge is to promote effective teaching and learning in order to foster new professional figures in hospitality and catering prepared to face the requests of food industries taking into account environmental needs .



Currently, 4 teachers per country from various disciplines are engaged in an **asynchronous on line self-study** of the units with the aim to improve their competences and skills on food sustainability. Teachers are therefore in students' shoes and are experiencing activities with **Moodle platform**. This has the dual purpose of deepening their knowledge of the proposed topics and testing the units. The next step will be the on-line synchronous activities to share impressions, doubts and discussion on the covered topics. In a few months the teachers will meet in presence in Milan to experiment the **edutainment technique**, a dynamic collaborative approach including digital competences.

To conclude, deepening education, reflection and debate on food sustainability offers teachers and students the opportunity to respond to the needs of the food and hospitality industry as well as to form conscious citizens who care about the choices and behavior to be adopted to **improve the quality of life and the environment**.

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